

# Healthy Food Systems

hosted by The Waterloo Region Food System Roundtable



## Planning your Backyard Garden

with Candace Wormsbecker, owner-operator of *Transpire Organic Farm*

Candace will discuss how to grow your own vegetables, the best backyard choices for this region, space requirements for different plants, when to start planting and more!

**Tuesday, March 22 at 7pm**

**Forest Heights Library**



## Climate Change and Agriculture

with Ted Zettle, founding member of *Organic Meadow Co-operative*

Ted will explore how agriculture can become more sustainable and help mitigate the effects of climate change.

**Tuesday, April 26 at 7pm**

**Forest Heights Library**



## Local Food, Imported Workers

with Dr. Janet McLaughlin, International Migration Research Centre, WLU

Janet will discuss the lives of migrant farm workers in Canada, as well as the long-term impacts of migration for both the workers and Canadian communities.

**Tuesday, May 24 at 7pm**

**Forest Heights Library**

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