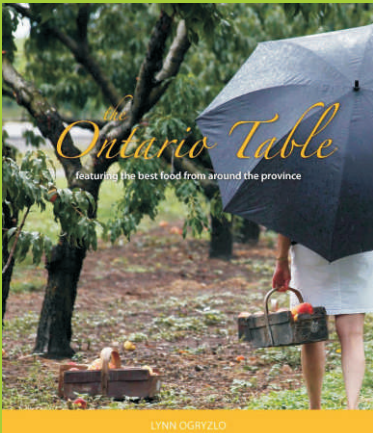


# Healthy Food Systems

hosted by The Waterloo Region Food System Roundtable



## Local Food, the \$2.4 Billion Prospect

with Lynn Ogrzylo, Author, *The Ontario Table*

Buying local food is a deliciously healthy habit that has the ability to revitalize rural communities and create a new prosperity in Ontario. Support local food by signing the Ontario Tablecloth.

**Tuesday, September 27 at 6:30 pm**  
**Forest Heights Library**



## Food Waste: Exploring Broad-based Solutions

with Michelle Coyne, PhD candidate, York University

How is it that 40% of edible food gets wasted? Using examples from Canada and around the world, Michelle will discuss individual, community-based, retail and government initiatives to reduce food waste.

**Tuesday, October 25 at 6:30 pm**  
**Forest Heights Library**



## Local Food in the Public Sector

with Brendan Wylie-Toal, Canadian Coalition for Green Health Care

Public institutions represent a large, stable market for local foods. Learn about the challenges and opportunities faced by municipalities, universities/schools and health care in "buying local."

**Tuesday, November 29 at 6:30 pm**  
**Forest Heights Library**

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TTY: 1-877-614-4832

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